

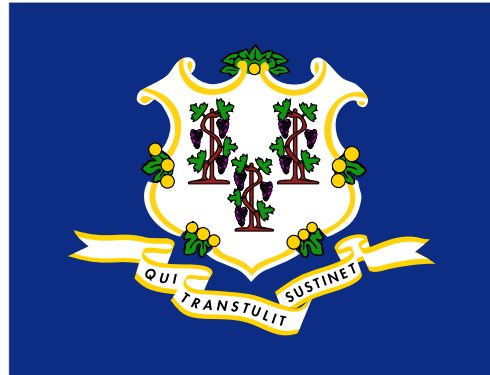
Connecticut

By the Numbers

A demographic and economic profile from the American Community Survey (5-year estimates)

3,598,348
TOTAL POPULATION

9
COUNTIES



A profile follows for each of Connecticut's 9 counties, ordered alphabetically, after the countywide population ranking.

Counties by Population

All 9 Connecticut counties, ordered from most to least populous

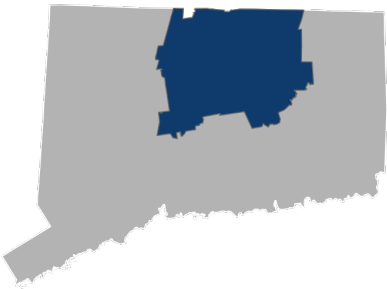
COUNTY	POPULATION	COUNTY	POPULATION	COUNTY	POPULATION
Capitol Planning Region	969,029	Naugatuck Valley Planning Region	452,303	Lower Connecticut River Valley Planning Region	174,983
Western Connecticut Planning Region	621,232	Greater Bridgeport Planning Region	326,296	Northwest Hills Planning Region	112,848
South Central Connecticut Planning Region	566,803	Southeastern Connecticut Planning Region	279,025	Northeastern Connecticut Planning Region	95,829

Sources and notes. All figures are American Community Survey 5-year estimates (2019–2023 tables B01003, B19013, and B03002), retrieved via the Census Bureau API. Boundaries are Census cartographic files. Estimates carry margins of error, not shown. Report generated July 16, 2026.

Capitol Planning Region

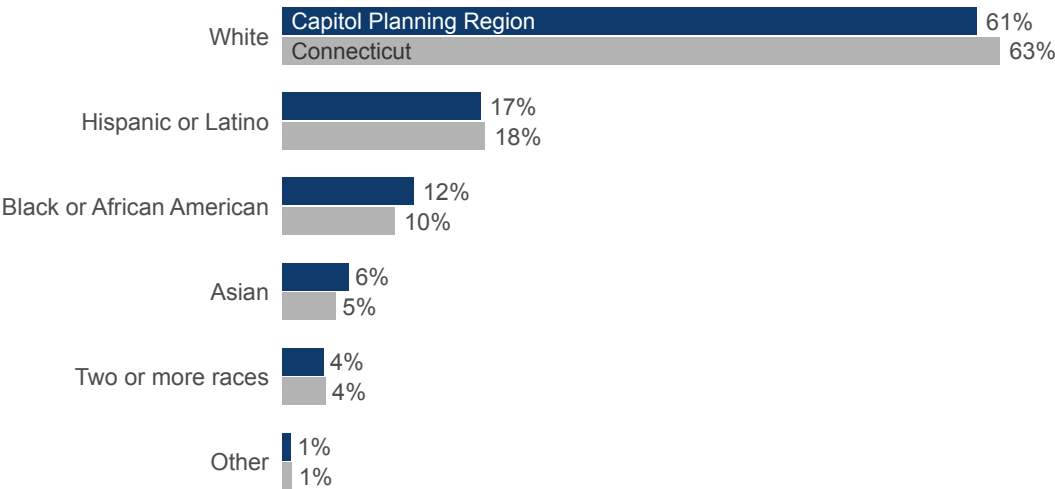
969,029
TOTAL POPULATION

\$91,541
MEDIAN HOUSEHOLD INCOME



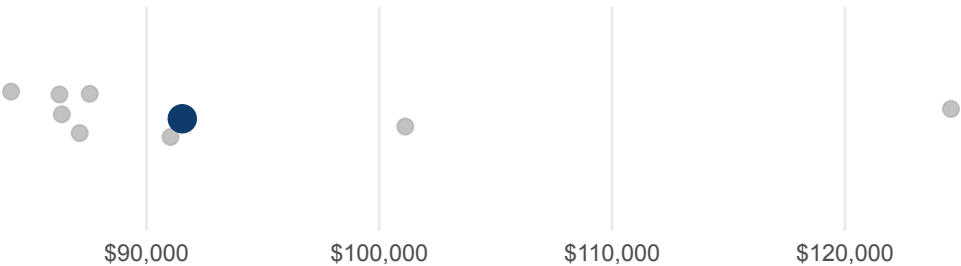
Population by Race/Ethnicity

Share of total population in Capitol Planning Region and Connecticut as a whole



Median Household Income

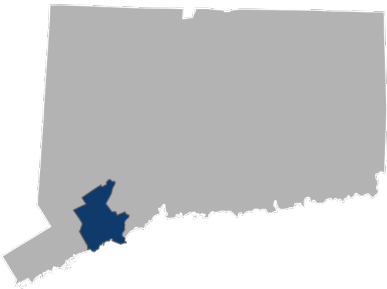
Capitol Planning Region among all 9 Connecticut counties dots are spread vertically only to avoid overlap



Greater Bridgeport Planning Region

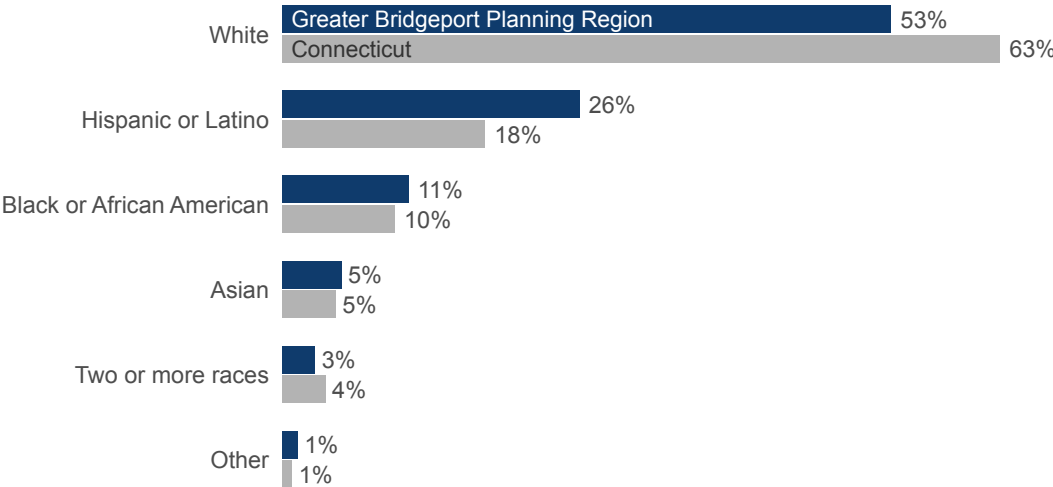
326,296
TOTAL POPULATION

\$87,135
MEDIAN HOUSEHOLD INCOME



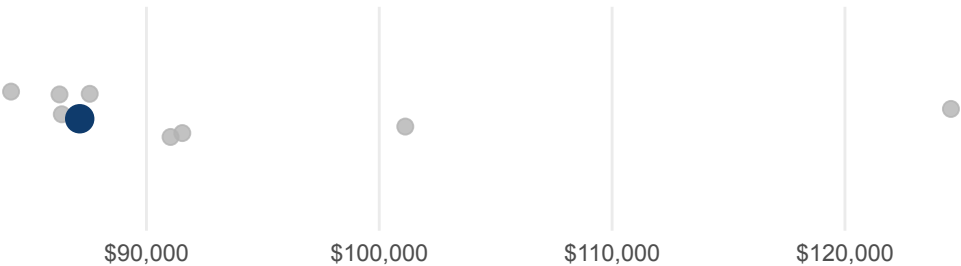
Population by Race/Ethnicity

Share of total population in **Greater Bridgeport Planning Region** and **Connecticut** as a whole



Median Household Income

Greater Bridgeport Planning Region among **all 9 Connecticut counties** dots are spread vertically only to avoid overlap



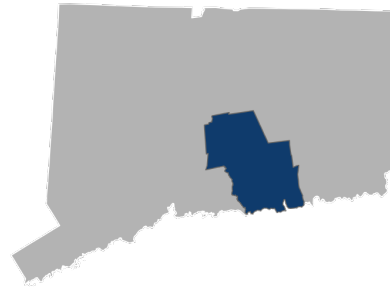
Lower Connecticut River Valley Planning Region

174,983

TOTAL POPULATION

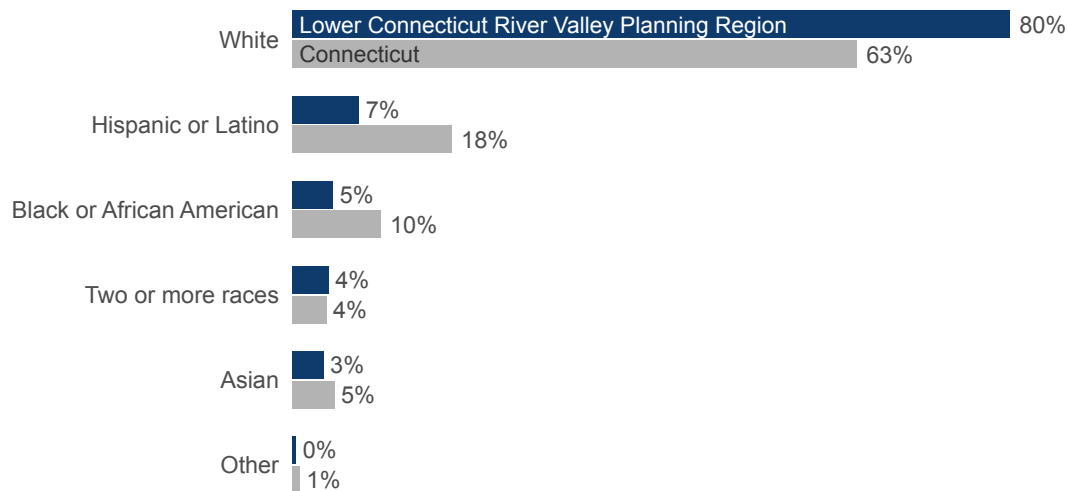
\$101,117

MEDIAN HOUSEHOLD INCOME



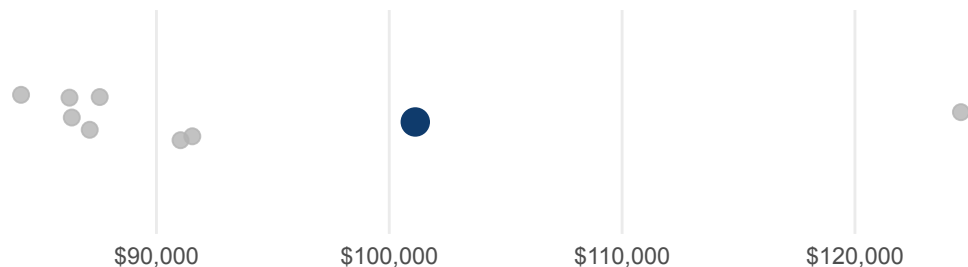
Population by Race/Ethnicity

Share of total population in **Lower Connecticut River Valley Planning Region** and **Connecticut** as a whole



Median Household Income

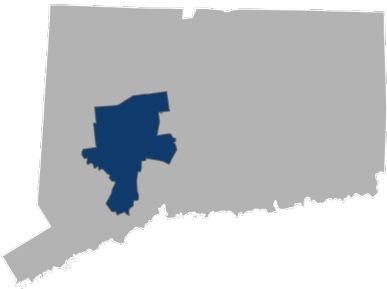
Lower Connecticut River Valley Planning Region among **all 9 Connecticut counties** dots are spread vertically only to avoid overlap



Naugatuck Valley Planning Region

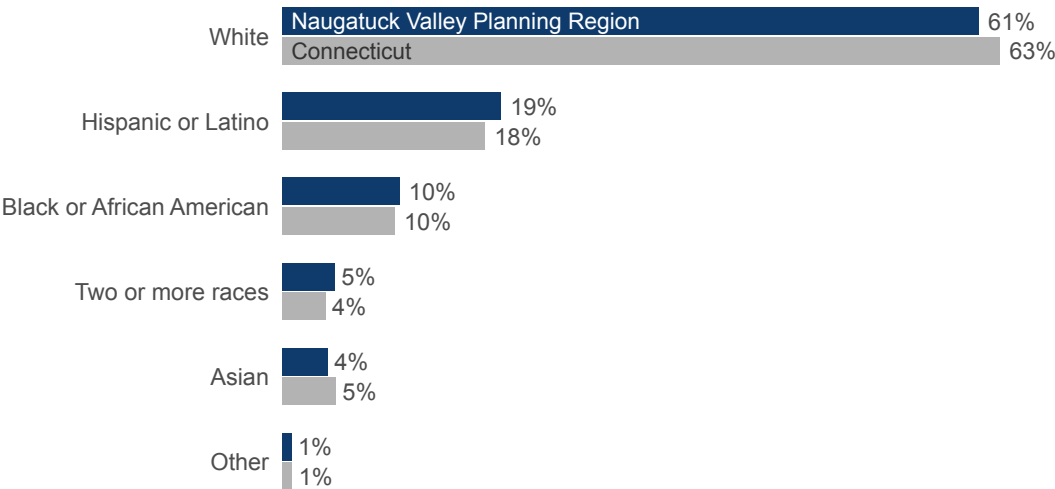
452,303
TOTAL POPULATION

\$86,365
MEDIAN HOUSEHOLD INCOME



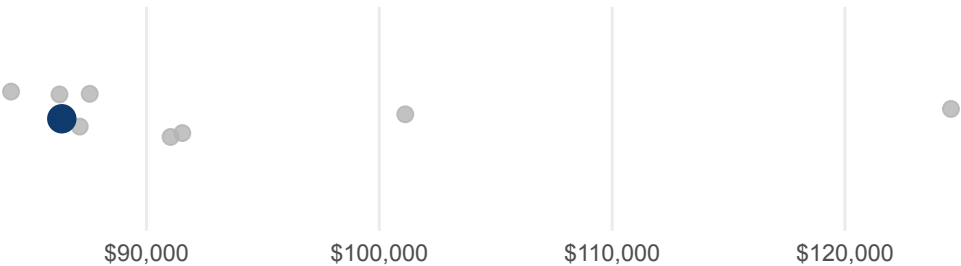
Population by Race/Ethnicity

Share of total population in **Naugatuck Valley Planning Region** and **Connecticut** as a whole



Median Household Income

Naugatuck Valley Planning Region among **all 9 Connecticut counties** dots are spread vertically only to avoid overlap



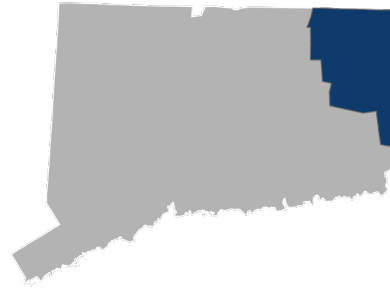
Northeastern Connecticut Planning Region

95,829

TOTAL POPULATION

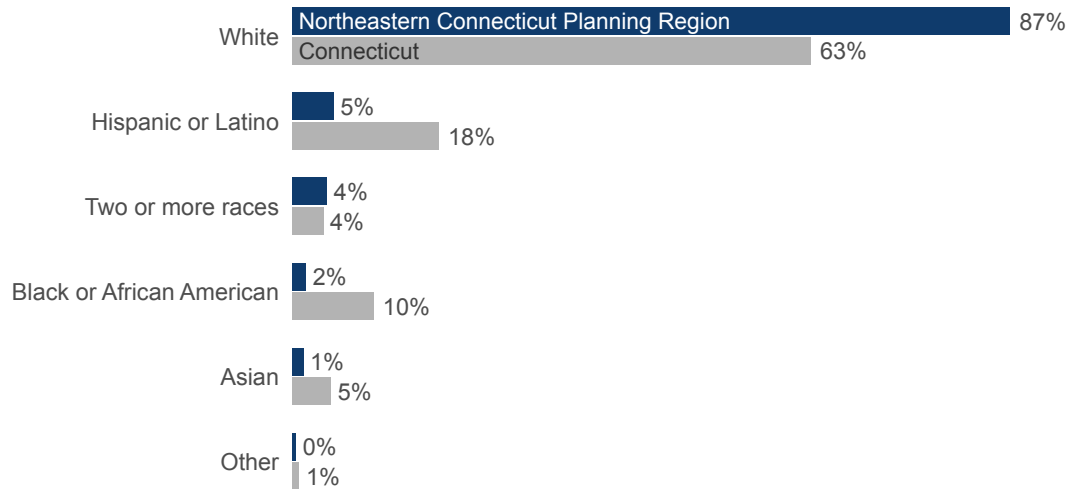
\$87,564

MEDIAN HOUSEHOLD INCOME



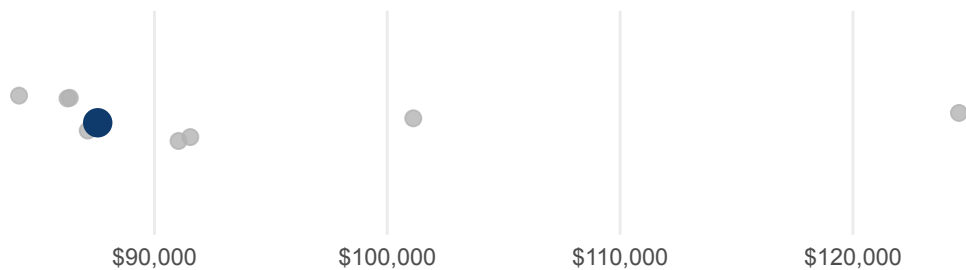
Population by Race/Ethnicity

Share of total population in **Northeastern Connecticut Planning Region** and **Connecticut** as a whole



Median Household Income

Northeastern Connecticut Planning Region among **all 9 Connecticut counties** dots are spread vertically only to avoid overlap



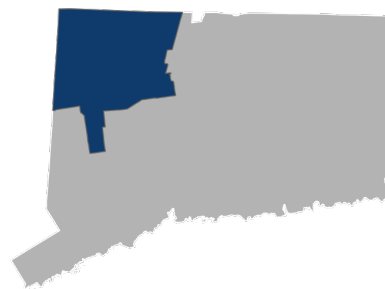
Northwest Hills Planning Region

112,848

TOTAL POPULATION

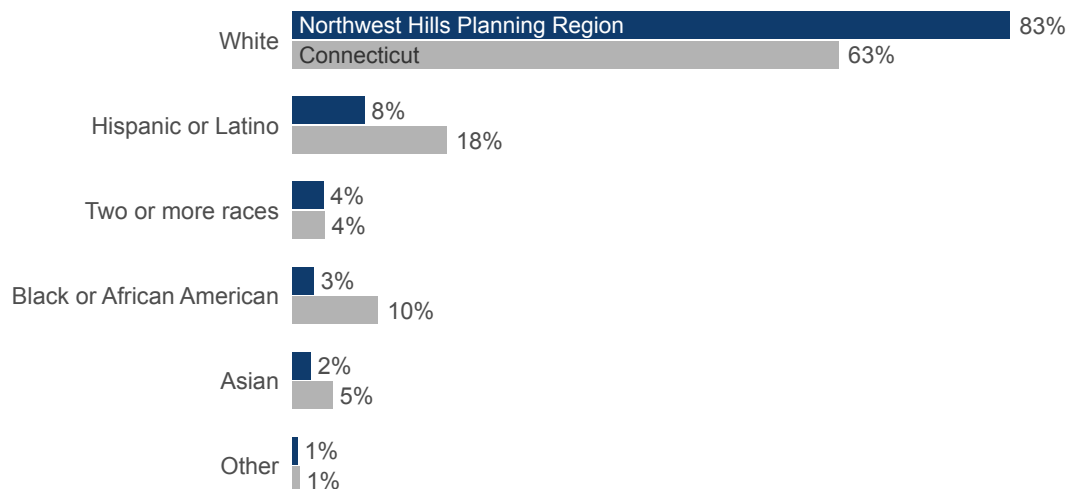
\$91,035

MEDIAN HOUSEHOLD INCOME



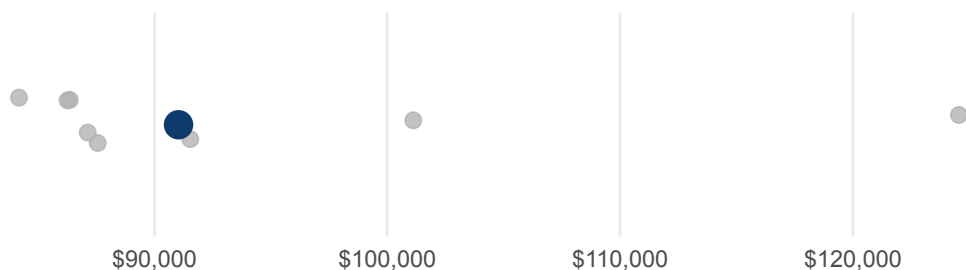
Population by Race/Ethnicity

Share of total population in **Northwest Hills Planning Region** and **Connecticut** as a whole



Median Household Income

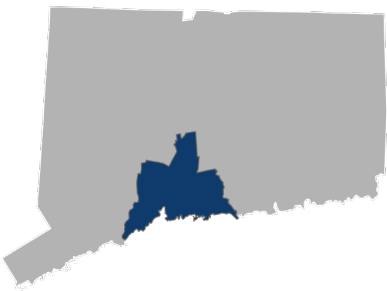
Northwest Hills Planning Region among **all 9 Connecticut counties** dots are spread vertically only to avoid overlap



South Central Connecticut Planning Region

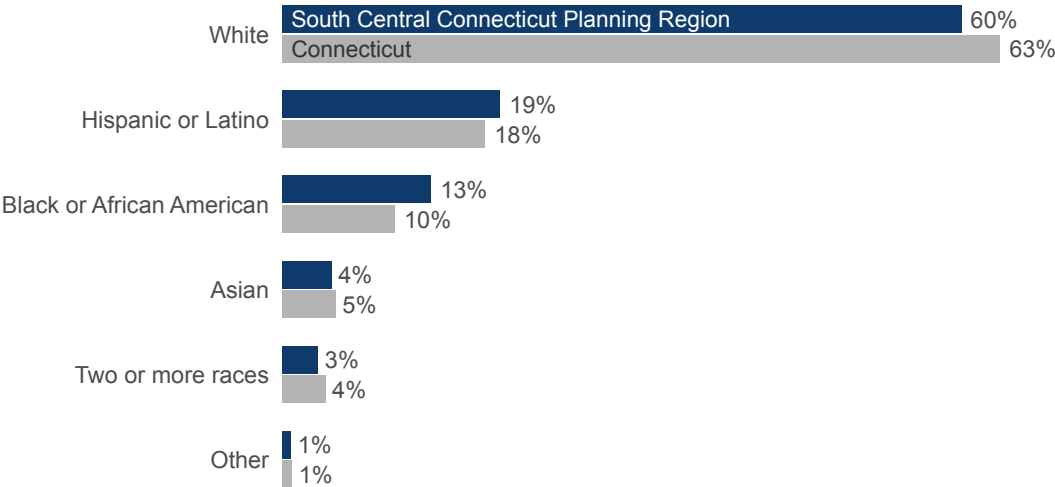
566,803
TOTAL POPULATION

\$86,266
MEDIAN HOUSEHOLD INCOME



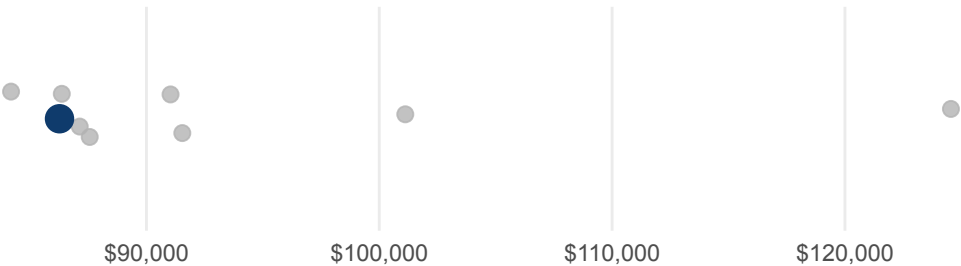
Population by Race/Ethnicity

Share of total population in **South Central Connecticut Planning Region** and **Connecticut** as a whole



Median Household Income

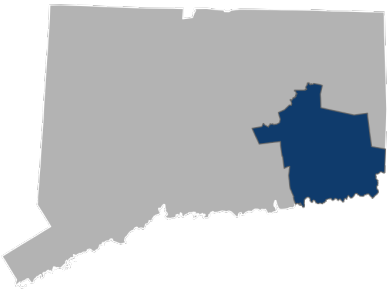
South Central Connecticut Planning Region among **all 9 Connecticut counties** dots are spread vertically only to avoid overlap



Southeastern Connecticut Planning Region

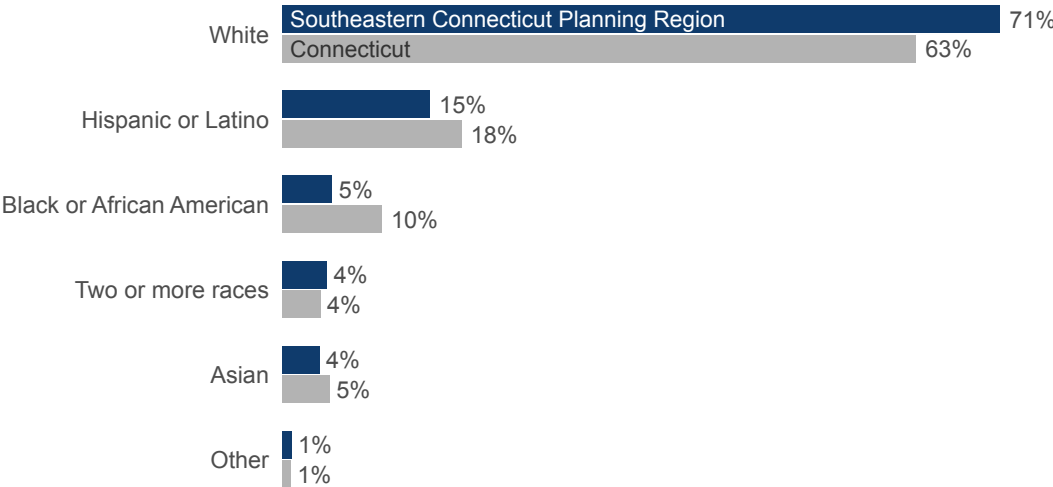
279,025
TOTAL POPULATION

\$84,185
MEDIAN HOUSEHOLD INCOME



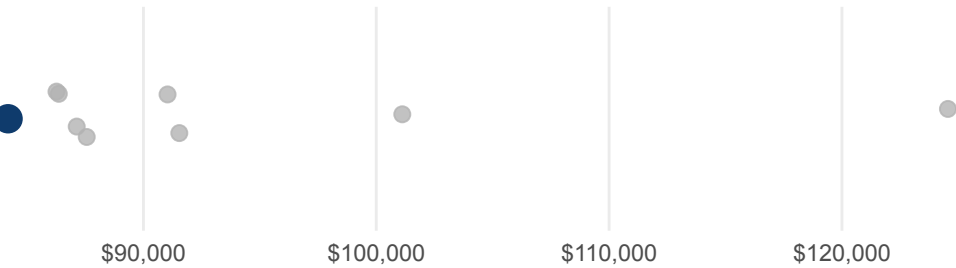
Population by Race/Ethnicity

Share of total population in **Southeastern Connecticut Planning Region** and **Connecticut** as a whole



Median Household Income

Southeastern Connecticut Planning Region among **all 9 Connecticut counties** dots are spread vertically only to avoid overlap



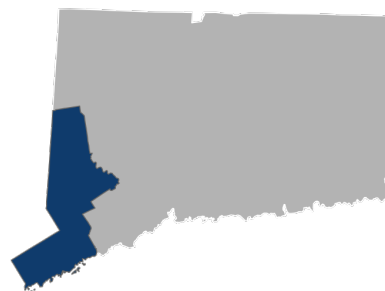
Western Connecticut Planning Region

621,232

TOTAL POPULATION

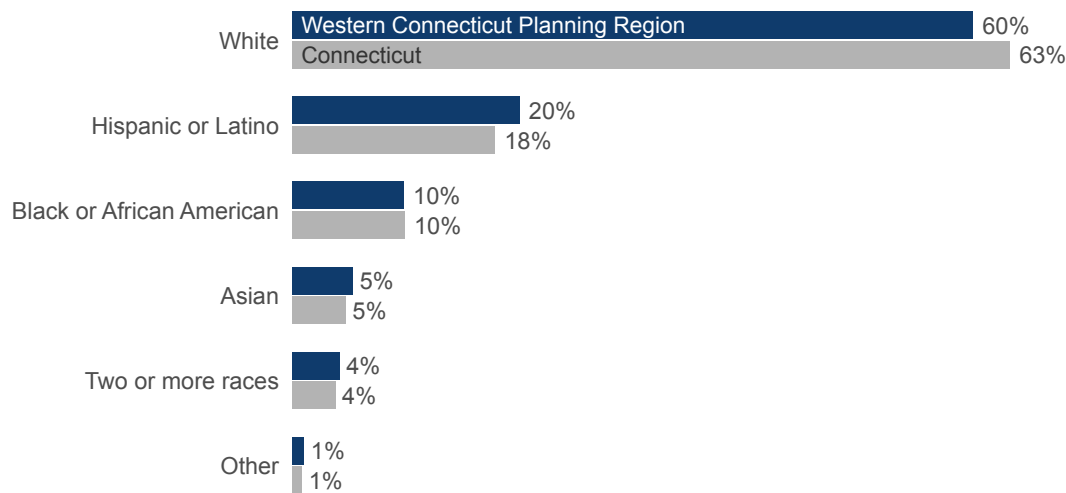
\$124,553

MEDIAN HOUSEHOLD INCOME



Population by Race/Ethnicity

Share of total population in **Western Connecticut Planning Region** and **Connecticut** as a whole



Median Household Income

Western Connecticut Planning Region among **all 9 Connecticut counties** dots are spread vertically only to avoid overlap

